

# Ida Public Schools Covid Protocols

## What to do if:

### ***You are exposed to Covid (regardless of masking or vaccination status)***

- Monitor symptoms for 14 days
- Student may remain in school if symptoms have not developed
  - Quarantine is not currently required in the middle school or high school, however if you would like to self-quarantine please speak with your building secretaries.
  - Due to an increase in school related transmission at the elementary, a 10-day quarantine is required for those exposed to Covid in school. Families have the option to shorten quarantine to 7 days if the child has a negative test on or after day 5 from exposure. Please let the office know if you plan to test your child out of quarantine.
  - If community spread is determined, quarantine protocols are subject to change per the Monroe County Health Department.
- Remain home if symptoms develop

### ***You develop symptoms of Covid***

- Speak with your health care provider about being tested
- Remain home
  - Until tests results are back (if tested)
  - Symptoms have resolved and you have been 24 hours fever free without fever-reducing medication (if not tested)

### ***You test positive for Covid***

- Isolate at home for 10 days
  - If symptomatic, isolate for 10 days from date of first symptom
  - If asymptomatic, isolate for 10 days from date of test
- Report positive test to school nurse for contact tracing purposes
- Return to school after 10 days isolation if symptoms have resolved and you have been 24 hours fever free without fever-reducing medication

## Definitions:

**Exposure/Close Contact-** Within 6ft of someone who tested positive for 15 cumulative minutes or more

**Quarantine-** Separating from others if you have been exposed

**Isolation-** Remaining apart from those who are not Covid positive if you test positive

**Common Symptoms of Covid-** Fever, dry cough, fatigue, sore throat, headache, new loss of taste or smell, body aches, congestion